

Foreword

Enhanced Recovery After Surgery and Perioperative Care: A Continually Evolving Approach to Surgical Care



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Since Henrik Kehlet first described Enhanced Recovery After Surgery (ERAS), the approach to modern surgical and anesthetic techniques has continued to evolve. While the approach started with abdominal procedures, it has now been applied to most surgical procedures, including emergency procedures. In this issue of *Anesthesiology Clinics*, an outstanding group of authors has reviewed the most recent evidence and approaches to many common procedures.

In order to commission an issue on ERAS, it was easy to find 3 leaders in the field who can teach us the latest information: Michael Scott, Anton Krige, and Michael Grocott. Michael James Scott, MBChB, FRCP, FRCA, FFICM is Professor and Division Chief in Critical Care Medicine in the Department of Anesthesiology at the Perelman School of Medicine at the University of Pennsylvania. He was National Clinical Advisor in the UK National Health System (NHS). He is currently President of ERAS USA and has coauthored key guidelines. Anton Krige, MBChB, DIMC, FRCA, FFICM is a specialist in Anaesthesia and Intensive Care Medicine and has been practicing as a NHS hospital consultant since 2005 at the East Lancashire Hospitals NHS Trust. He is a member of the Institute for Functional Medicine. Michael Grocott, BSc, MBBS, MD, FRCA, FRCP, FFICM is the Professor of Anaesthesia and Critical Care Medicine at the University of Southampton and a UK National Institute of Health Research (NIHR) Senior Investigator. He is UK NIHR National Specialty Lead for anaesthesia, perioperative medicine, and pain and Chair of the Board of the UK National Institute of Academic Anaesthesia. Mike is an elected vice-president of the Royal

College of Anaesthetists and vice-chair of the UK Centre for Perioperative Care. Together, they have edited an important issue that is relevant to all clinicians.

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